

Find detailed trail info & donate to our trails



nkl.travel/biking



LOCAL CYCLING CLUBS

East Shore Trail & Bike Association
estba.ca

Kaslo Mountain Bike Club
kaslomountainbikeclub.com

Nelson Cycling Club
nelsoncyclingclub.org

LOCAL BIKE SHOPS

Gerick Cycle & Ski
702 Baker Street, Nelson, BC

Kaslo E-Kruise / North Kootenay Bike Shop
423 Front Street, Kaslo, BC

The Sacred Ride
213 Baker Street, Nelson, BC

IN PARTNERSHIP WITH:

KORTS
Kaslo Outdoor Recreation
and Trails Society



Recreation Sites
and Trails BC

Cover Art by **Scott Dickson**



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BIKE PARKS

Looking to refine your skills? Check out one (or both) of our awesome bike parks.

NELSON BIKE PARK – Nelson's bike park is situated in the neighbourhood of Rosemont beside the skateboard park. It features dirt jumps, a fun pump track, and a short cross-country loop that runs through the woods.

KASLO BIKE PARK – Kaslo's Bike Park is located on the north side of the Kaslo River Trail, nestled in the woods and with a view of the river rushing by. Follow 5th Street south to Higashi Way until the trailhead kiosk.



NELSON BIKING TRAILS

► MOUNTAIN STATION

Tightly packed trails crisscrossed by a primary access road located right above town. Some of this land is private, please respect the rules.

► SVOBODA

A long uphill grind rewarded by steep and slabs within the West Arm Provincial Park.

► GOLD CREEK

Big DH singletrack known for being tight and steep, almost always with an uphill start.

► GIVEOUT & MORNING MOUNTAIN

A popular and growing network of trails for all abilities and offers skill progression. You'll find classic technical trails mixed with machine-built flow trails, including a new adaptive trail. Pedal accessed from Morning Mountain or long shuttle runs via the Giveout FSR.

► 49'ER

Picturesque enduro style riding in Blewett.

► SMALLWOOD

True cross-country out-and-back and loop style singletrack.

► NORTH SHORE

A large variety of terrain with impressive slab lines from fun to insane.

► BALDFACE & SHANNON PASS

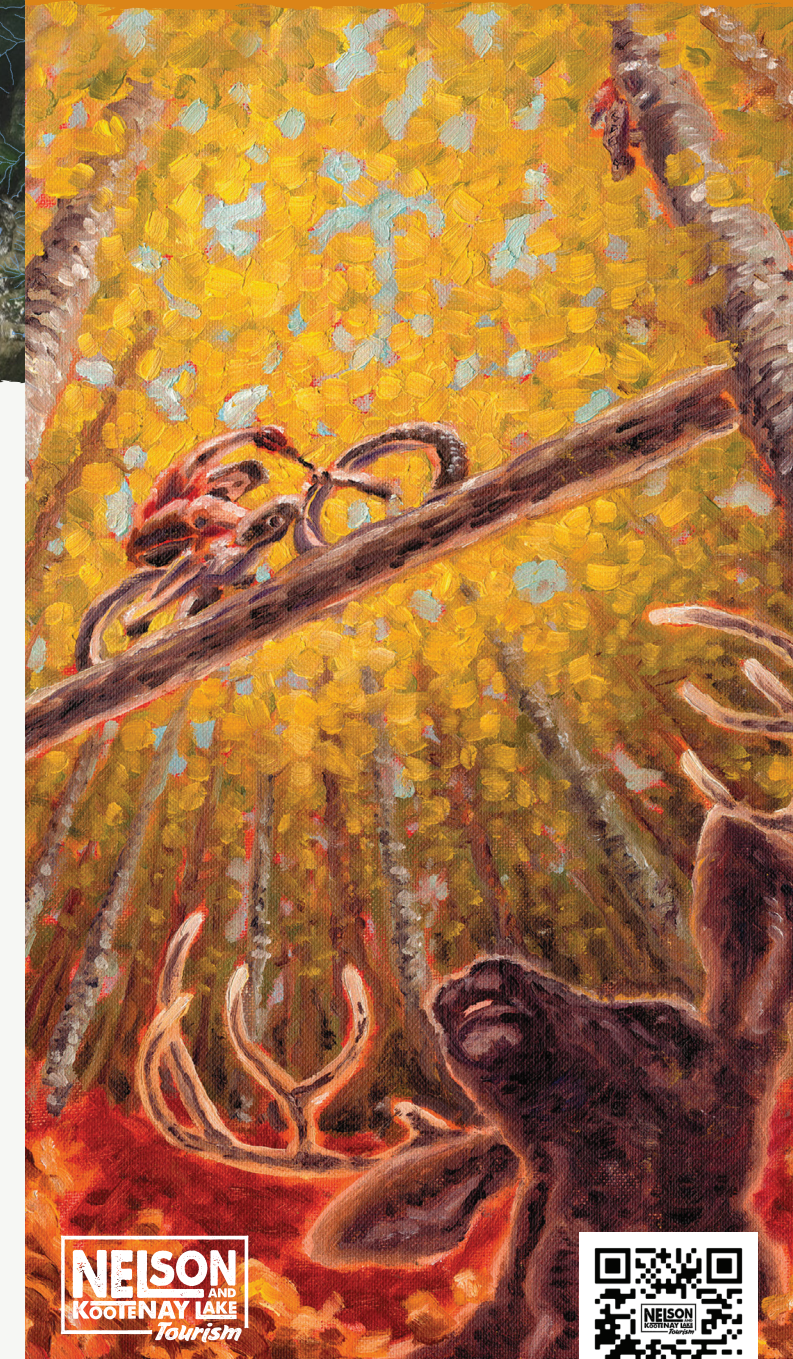
Remote and challenging, but makes for an epic descent to Kootenay Lake.

Nelson Trail Difficulty

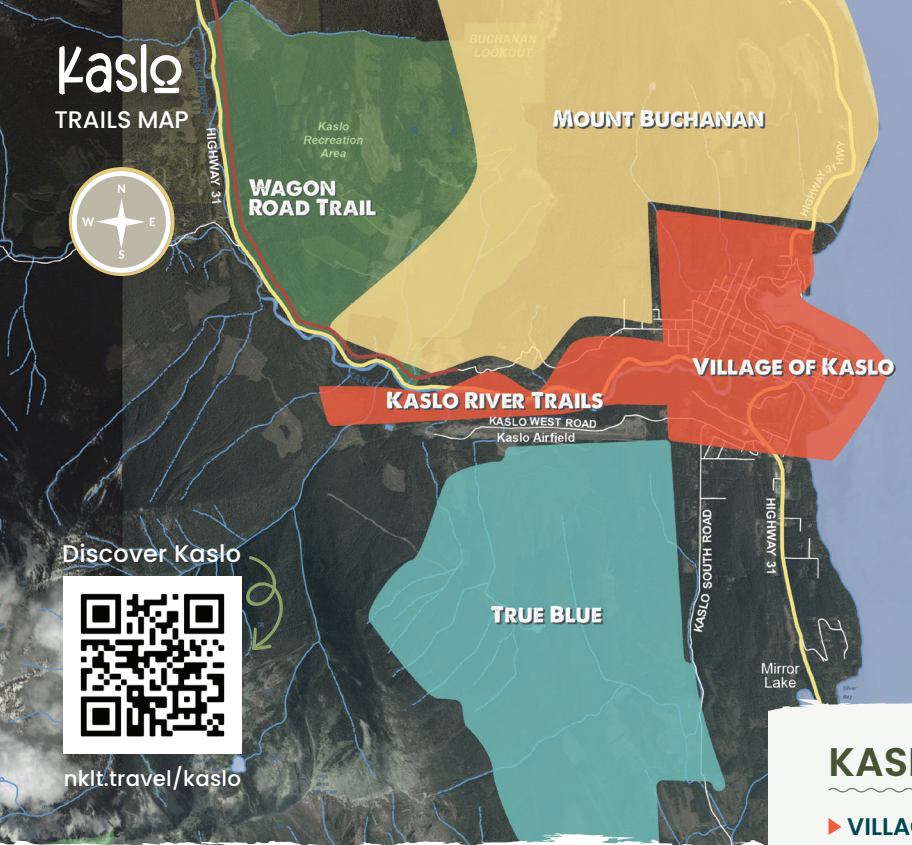
● 15% ■ 49% ◆ 36%

NELSON & KOOTENAY LAKE MOUNTAIN BIKING MAP

Ainsworth Hot Springs | Balfour | East Shore
Kaslo | Nelson | North Kootenay Lake



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RULES TO RIDE BY

RIDE SAFELY – Mountain biking is a potentially dangerous activity and anyone who rides these trails assumes all responsibility for their own actions. Stay on existing trails, avoid extreme wet and dry conditions.

RESPECT PRIVATE PROPERTY – Don't jeopardize use and access privileges by poaching during closures.

THINK ABOUT THE WATER – Domestic watersheds surround our communities. Please help keep it clean.

PROTECT YOURSELF – Always wear a helmet. Full face helmets and body armour are highly recommended.

BE AWARE OF WILDLIFE – Make your presence known and be bear aware. You are in bear and cougar territory. Be cautious and respectful of wildlife at all times.

SHARE THE TRAILS – Respect other trail users. Many trails are multi-use, slow down for pedestrians.

PACK OUT GARBAGE – Take out anything you take in and clean up after your dog.

DOGS – Pets must be on a leash in most areas and are not allowed in some parks. Follow posted signs.

SUPPORT THE LOCAL CYCLING CLUBS – Find details on where to donate at nkl.t.travel/biking.

DOWNLOAD THE APP

Are you looking for something unique to do when off the trails? Check out our self-guided audio touring app. Experience informative driving, biking and walking tours filled with local trivia on the *Kootenay Lake Road Trip App*.



KASLO BIKING TRAILS

► VILLAGE OF KASLO & KASLO RIVER TRAILS

Family-friendly trails with impressive bridges, viewpoints, and cedar-hemlock forests.

► TRUE BLUE

This area has great multi-use singletrack trails for riders of all ability levels.

► MOUNT BUCHANAN

Narrow and winding single track with steep climbs and descents that will be sure to get your heart pumping!

► WAGON ROAD TRAIL

A multi-use historic trail that runs from Kaslo to Bear Lake above the Kaslo/New Denver highway.

Kaslo Difficulty

● 48% ■ 39% ◆ 13%



EAST SHORE BIKING TRAILS

► TRANS CANADA TRAIL

A scenic trail through cedar forests, 100 year old hand-built roads and rock bluffs. Check out the off highway trail that goes from Weasel Creek FSR in Crawford Bay to the highway access in Gray Creek, and then up the Gray Creek Pass FSR.

► WETLAND/REGIONAL PARK

Wetlands is a quieter green singletrack trail located near Crawford Bay.

► FRASER HILL VP TRAIL

An exciting option for riders who want to skip the hardest parts of the Woodlot Trail.

► WOODLOT

This trail accesses the Fraser Hill VP trail and William Fraser through rock outcroppings and a cool forest stream from the bottom. The Woodlot offers a technical downhill through the hardest part of the trail. This section can be bypassed through the easier Fraser Hill VP Trail bypass.

► WILLIAM FRASER

Experience old growth forest, rock outcroppings and panoramic views of Kootenay Lake and the surrounding mountain ranges.

► HEIGHT OF LAND

A popular singletrack trail begins with a climb then travels along the ridge line with great views of Kootenay Lake.

East Shore Difficulty

● 40% ■ 45% ◆ 15%



WHEELIE FUN EVENTS

The Kootenay Lake region has plenty of enjoyable biking events for you. Or, if you're ready to park your bike for the day and are seeking a change of pace, discover other entertaining events.

Visit nkl.t.travel/calendar to check out the latest biking events and more.

